

# marie claire

## Party shoes

to keep you dancing all night

## GLOW GIRL!

SKINCARE SECRETS FOR THE MORNING AFTER

## SEX IN THE SUBURBS

Strange goings on behind closed doors

## INDIA KNIGHT'S WEIGHT LOSS JOURNEY

EXCLUSIVE  
**LIZ HURLEY**  
SWAPS A-LIST GOSSIP WITH JANET STREET-PORTER

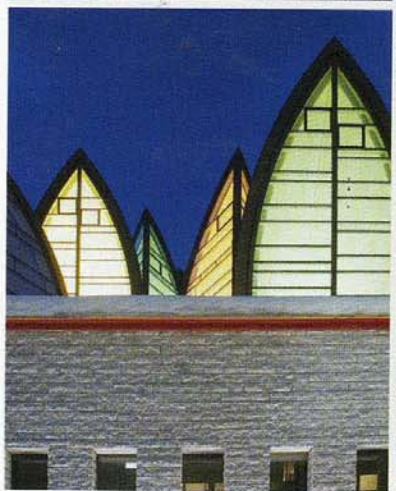
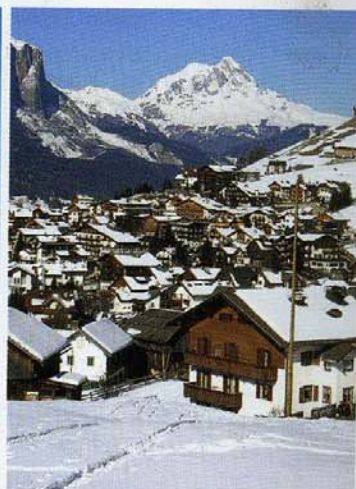
'I KILLED MY MUM IN A CAR CRASH'

PLUS! CHECK OUT

# The SHOPS

FANTASTIC FASHION FIXES FOR A STYLISH NEW YEAR





**WINTER'S TOP FIVE**  
Want to give the slopes a try for yourself? Here's our guide to the best locations and this year's must-have ski gear.

**FOR A SEXY CHALET...**  
Check into Haus Bor, a fully catered apartment in the heart of Zermatt, Switzerland, that mixes ultra-modern interiors with wood-burning stoves and terrace views of the Matterhorn. Blissfully free of cars, this famous Swiss resort is the epitome of chocolate-box charm, with ancient chalets on stilts and good shopping along its cobbled streets. The restaurants are excellent and the terrain will help work up an appetite – don't miss Elsie's Bar for après-ski champagne and oysters. From £539 half-board based on six

sharing. Book through VIP (0870-112 3119; [www.vip-chalets.com](http://www.vip-chalets.com)).

**FOR THE WOW FACTOR...**  
Already limbering up for the 2010 Winter Olympics, Whistler is Canada's flagship resort, with more than 200 marked trails on its twin peaks. Experts will love the area's mountain bowls, but there's also a feast of intermediate skiing to be had. Whistler Village is lively, pretty and purpose-built. Car-free, it has a good range of restaurants and bars like Buffalo Bill's ([www.buffalobills.ca](http://www.buffalobills.ca)), where you can dance with a Mountie. Stay at Adara ([www.adarahotel.com](http://www.adarahotel.com)), a colourful new boutique hotel that's brought some urban sophistication to the mountains. Prices from £801 with Frontier Travel (020-8776 8709; [www.frontier-ski.co.uk](http://www.frontier-ski.co.uk)). ▶

## WINTER WONDERLAND

Relax in the lobby of the Adara hotel in Whistler, top left, or indulge at the Swiss Tschuggen Grand Hotel's spa, bottom left, which is lit by nine glass 'trees'. The Hotel Diplomat in Sweden, above, is more traditional, while the quaint Italian village of San Cassiano, top right, is home to Hotel Rosa Alpina, which boasts a Michelin-starred restaurant

## BOOK NOW

- For more holiday ideas, *Where to Ski & Snowboard 2007* (£16.99, NortonWood) is a comprehensive guide, or get your hands on the AITO Ski Directory, which has information on holidays to over 200 resorts with specialist tour operators. For a free guide, visit [www.aitoskiholidays.co.uk](http://www.aitoskiholidays.co.uk) or call 020-8744 9280. Useful websites include [www.ultimate-ski.com](http://www.ultimate-ski.com), [www.igluski.com](http://www.igluski.com) and [www.skiline.co.uk](http://www.skiline.co.uk). For packages, try [www.ski-i.com](http://www.ski-i.com), [www.stanfor skiing.co.uk](http://www.stanfor skiing.co.uk) and [www.supertravel.co.uk](http://www.supertravel.co.uk).
- All prices quoted throughout are per person for a week in January 2007, including flights, transfers and half-board accommodation, unless otherwise specified.

## CHIC AND BOUTIQUE

In the heart of Italy's majestic Dolomites, San Cassiano is a gem of a resort just off the main Sella Ronda circuit – the most picturesque skiing network in the Alps. Only 700 people live in this charming mountain village, which is home to the beautiful Hotel Rosa Alpina ([www.rosaalpina.it](http://www.rosaalpina.it)), which has been run by the same family for three generations and comes with a Michelin-starred restaurant and seriously good spa. For a winter treat, look no further. Prices start from £1,085 half-board through Momentum Ski (020-7371 9111; [www.momentumski.com](http://www.momentumski.com)).

## FOR HIGH GLAMOUR...

Arosa's gentle slopes make it perfect for unhurried cruising, learning and confidence-building over a diverse 60km of pistes. A classic Swiss village with horse-drawn sleighs, ice skating on its frozen lake and surprisingly lively nightlife, there's plenty to do off the slopes. After skiing, pamper yourself at the five-star Tschuggen Grand Hotel ([www.tschuggen.ch](http://www.tschuggen.ch)) where a glass bridge links up with a new Mario Botta-designed spa. From £1,670 half-board through Powder Byrne (020-8246 5300; [www.powderbyrne.com](http://www.powderbyrne.com)).

## FOR GUARANTEED SNOW...

Head to the pine-clad slopes of Åre in Sweden. Spread beside a vast frozen lake, they're ideal for beginners and intermediates alike. A colourful small town with big attitude, the resort has fabulous restaurants which even feature elk on the menu. There's a lively après-ski scene and you can go snowmobiling, try ice fishing or go for a ride in a reindeer sled. Neilson (0870-333 3356; [www.neilson.co.uk](http://www.neilson.co.uk)) has packages for the comfortably trad Hotel Diplomat Aregarden ([www.diplomathotel.com](http://www.diplomathotel.com)), from £459 including breakfast. ■

# THE KIT

Nylon-mix jacket, £250, Salomon



Wool cardigan, £120, Whistles



'Stockholm' goggles, £69.99, Oakley



'Ivy' snowboard, £340, and 'Relay E' binding, £170, both Salomon



Polyester satin mittens, £40, The North Face



Wool hat, £19.95, Snow + Rock



Nylon-mix trousers, £130, Burton



Acrylic and rubber-mix boots, £135, Stella McCartney at Adidas

